

## Ukrop's Spiral Sliced Ham Dinner - Nutrition Information

<i>Meal Component</i>	<i>Net Weight</i>	<i>Serving Size</i>	<i>Servings per Container</i>	<i>Calories</i>	<i>Fat grams</i>	<i>Sat Fat grams</i>	<i>Trans Fat grams</i>	<i>Cholesterol mg</i>	<i>Sodium mg</i>	<i>Carbohydrate grams</i>	<i>Fiber grams</i>	<i>Sugars grams</i>	<i>Added Sugar grams</i>	<i>Protein grams</i>
<b>Spiral Ham</b>	7 - 9 LB	3 OZ (85g)	Varied	100	3.5	1	0	40	910	3	0	2	2	13
<b>Ham Glaze</b>	16 OZ (1lb/454g)	1 tbsp (20g)	23	60	0	0	0	0	15	14	0	14	13	0
<b>Corn Pudding</b>	36 OZ (2.25lb/1.02kg)	1/2 cup (118g)	9	220	8	4.5	0	80	530	31	0	20	15	6
<b>Duchess Potato Casserole</b>	40 OZ (2.5lb/1.13kg)	1/2 cup (124g)	9	150	8	5	0	35	350	16	1	2	0	4
<b>Seasoned Green Beans</b>	24 OZ (1.5lb/680g)	1 cup (119g)	6	100	6	3.5	0	15	200	9	3	3	0	3
<b>White House Rolls Cluster</b>	14 OZ (397g)	1 roll (34g)	12	100	3	1.5	0	5	125	16	1	3	2	3
<b>Chocolate Fudge Pie</b>	25 OZ (1.56lb/709g)	1/6 pie (119g)	6	470	26	7	0	40	350	54	1	35	32	6

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## Ukrop's Spiral Sliced Ham Dinner - Allergen Information

<i>Meal Component</i>	<i>Wheat</i>	<i>Milk</i>	<i>Egg</i>	<i>Soy</i>	<i>Peanut</i>	<i>Tree Nuts</i>	<i>Shellfish</i>	<i>Fish</i>	<i>Gluten</i>
<b>Spiral Ham</b>	No	No	No	No	No	No	No	No	No
<b>Ham Glaze</b>	No	No	No	No	No	No	No	No	No
<b>Corn Pudding</b>	Yes	Yes	Yes	No	No	No	No	No	Yes
<b>Duchess Potato Casserole</b>	No	Yes	Yes	Yes	No	No	No	No	No
<b>Seasoned Green Beans</b>	No	Yes	No	No	No	No	No	No	No
<b>White House Rolls Cluster</b>	Yes	Yes	Yes	No	No	No	No	No	Yes
<b>Chocolate Fudge Pie</b>	Yes	Yes	Yes	Yes	No	No	No	No	Yes

Always double-check the ingredient and allergen statements on the package, as ingredients and allergens may change.

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## Ukrop's Spiral Sliced Ham Dinner - Ingredient Information

Always double-check the ingredient statements on the package, as ingredients may change.

### Spiral Sliced Ham

Ham cured with water, salt, sodium lactate, sugar, brown sugar, sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrite, maple flavor (natural and artificial flavor, propylene glycol, water, caramel color, sulphites (138 ppm) and corn products).

### Ham Glaze

Brown sugar, pineapple juice from concentrate (water, pineapple juice concentrate, ascorbic acid (vitamin C), vitamin E, vitamin A), deli mustard (vinegar, mustard seed, water, salt, horseradish, spice, white wine), food starch-modified, spice.

### Corn Pudding

Corn, milk, eggs (with citric acid), sugar, butter (pasteurized cream, natural flavorings), enriched bleached flour (bleached wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of: salt.

CONTAINS: Wheat, milk, eggs.

Water, milk, potato flakes (potatoes, emulsifier (monoglycerides), preservatives (sodium acid pyrophosphate, sodium bisulfite, citric acid, mixed tocopherols)), sour cream (cultured cream, contains less than 2% of: food starch-modified (corn), sodium tripolyphosphate, carrageenan, locust bean gum, guar gum, potassium sorbate (preservative)), butter (pasteurized cream, natural flavorings), eggs (with citric acid), contains 2% or less of: sea salt, chicken base (chicken meat including natural chicken juices, salt, hydrolyzed vegetable protein (soy, corn), sugar, potato flour, natural flavor, autolyzed yeast extract, carrot powder, turmeric), chives, garlic powder, onion powder.

CONTAINS: Milk, eggs, soy, sulfites.

### Seasoned Green Beans

Green beans, butter (pasteurized cream, natural flavorings), contains 2% or less of: bacon bits (pork cured with water, contains 2% or less of: salt, sodium phosphate, sodium erythorbate, sodium nitrite, may contain: sugar, brown sugar, natural flavoring, smoke flavoring, flavoring), onion, bacon base (cooked bacon (cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrate), yeast extract, maltodextrin (from corn), rendered beef fat, sugar, onion powder, natural flavoring, natural smoke flavoring, lactic acid), salt, spices, dehydrated onion, dehydrated garlic.

CONTAINS: Milk.

### White House Rolls Cluster

Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, palm oil, nonfat dry milk, yeast, eggs, contains 2% or less of: salt, natural wheat sour, wheat flour, cultured wheat starch, cultured wheat flour.

CONTAINS: Wheat, milk, eggs. Made in a production area that also uses soy and tree nuts.

### Chocolate Fudge Pie

Filling (sugar, water, canola oil, eggs, chocolate base (cocoa, corn syrup solids, vegetable shortening (palm oil), soybean oil, contains 2% or less of: soy lecithin, salt, artificial flavor), nonfat dry milk, contains 2% or less of: enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine, riboflavin, folic acid), food starch-modified, salt), crust (enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), shortening (palm oil, soybean oil, mono- and diglycerides), water, contains 2% or less of: dextrose, salt, nonfat dry milk).

CONTAINS: Wheat, milk, eggs, soy. Made in a production area that also uses tree nuts.