



Bulk Heating Instructions

Entrées

PLEASE NOTE:

- Actual heating times may vary.
- Any leftovers should be refrigerated promptly. A general recommendation is to refrigerate within two (2) hours of removal from oven.

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| Authentic Italian Lasagna – Bulk | NET WT 6 LB (2.72kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover loosely with foil. Heat for 60 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Baked Spaghetti – Bulk | NET WT 62.4 OZ (3.9lb/1.79kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover loosely with foil. Heat for 25 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Blackened Grilled Chicken Breast - Bulk | NET WT. 4.25 LB (1.93kg) |
| Seasoned Grilled Chicken Breast – Bulk | NET WT. 4.25 LB (1.93kg) |

Conventional Oven: Preheat oven to 350°F. Place chicken in a single layer across a sheet pan and cover with foil. Heat for 30 minutes.

Microwave: Place up to 5 chicken breasts in a single layer on a microwave safe dish. Microwave on high for 30-45 seconds, then flip breasts over, and microwave for another 30-45 seconds or until desired temperature.

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| Chicken Cobbler - Bulk | NET WT 48 OZ (3lb/1.36kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and place in oven. Heat for 30-35 minutes.

Microwave: Place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Chicken Parmigiana - Bulk | NET WT 53.3 OZ (3.33lb/1.51kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover loosely with foil. Heat for 45 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.



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Entrées continued

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| Homestyle Meatloaf – Bulk |
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| NET WT. 4.25 LB (1.93kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover loosely with foil. Heat for 60 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Slice meatloaf and place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Meatballs in Marinara Sauce - Bulk |
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| NET WT 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover with foil. Heat for 60 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Parmesan Chicken Tenders – Bulk |
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| NET WT 4 LB (1.81kg) |
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Conventional Oven: Preheat oven to 375°F. Arrange chicken tenders in a single layer on a baking sheet. Heat for 15-20 minutes.

Microwave: Place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Salisbury Steak with Onion Gravy - Bulk |
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| NET WT 48 OZ (3lb/1.36kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover with foil. Heat for 45 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Southern Style Pulled Pork Vinegar Barbeque – Bulk |
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| NET WT. 5 LB (2.27kg) |
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| Pulled Pork Tomato Barbeque – Bulk |
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| NET WT. 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 350°F. Remove plastic and cover with foil. Heat for 30 minutes. Remove foil and stir. Re-cover with foil and heat 20-30 minutes or until the BBQ reaches 165°F.

Microwave: Place up to 4 servings of BBQ in a microwave-safe dish. Microwave on high for 1.5 minutes, stir and return to the microwave for 1-1.5 minutes or until desired temperature.



Bulk Heating Instructions

Sides

PLEASE NOTE:

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| Broccoli and Rice Casserole - Bulk | NET WT 6 LB (2.72kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover loosely with foil. Heat for 60 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Butter Beans and Corn - Bulk | NET WT 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 375°F. Open bag, empty butter beans and corn into an ovenable dish, and cover with foil. Heat for 45 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion in a microwave-safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Collard Greens - Bulk | NET WT 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 375°F. Open bag, empty collard greens into an ovenable dish, and cover with foil. Heat for 45 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion in a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Corn Pudding - Bulk | NET WT 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 350°F. Remove plastic and cover with foil. Heat for 45 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion in a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Duchess Potato Casserole - Bulk | NET WT 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 375°F. Open bag, empty potatoes into an ovenable dish, and cover with foil. Heat for 45 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion in a microwave safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Honey Baked Apples - Bulk | NET WT 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 375°F. Open bag, empty honey baked apples into an ovenable dish, and cover with foil. Heat for 60 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion in a microwave-safe dish. Microwave on high for 2-4 minutes or until desired temperature



Bulk Heating Instructions

Sides continued

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| Oven Roasted Vegetables - Bulk | NET WT 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 400°F. Arrange vegetables evenly on a baking sheet. Heat for 15- 20 minutes.

Microwave: Place desired portion on a microwave-safe dish. Microwave on high for 2-4 minutes or until desired temperature. Actual heating times may vary.

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| Seasoned Green Beans - Bulk | NET WT 5 LB (2.27kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover with foil. Heat for 45 minutes. Remove foil, stir green beans, and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave-safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Scalloped Potatoes - Bulk | NET WT 6.25 LB (2.84kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover with foil. Heat for 45 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave-safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Spinach Supreme – Bulk | NET WT 6 lb. (2.72kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover with foil. Heat for 60 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion on a microwave-safe dish. Microwave on high for 2-4 minutes or until desired temperature.

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| Triple Cheese Macaroni and Cheese – Bulk | NET WT 6 LB (2.72 kg) |
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Conventional Oven: Preheat oven to 375°F. Remove plastic and cover with foil. Heat for 60 minutes. Remove foil and heat uncovered for an additional 10-15 minutes.

Microwave: Place desired portion in a microwave-safe dish. Microwave on high for 2-4 minutes or until desired temperature.