



BOWLS

Quick, easy and delicious, our bowls are perfect for today's busy lifestyles.

- Authentic Italian Lasagna
- Beef Stroganoff with Noodles
- Chicken Tetrazzini
- Fettuccine Alfredo with Grilled Chicken
- Homestyle Meatloaf with Mashed Potatoes & Gravy
- Mediterranean Pasta
- Mexican Style Chicken with Cilantro Lime Rice
- Parmesan Chicken with Linguine & Marinara
- Penne with Meat Sauce
- Salisbury Steak with Onion Gravy and Homestyle Mashed Potatoes

ENTRÉES

Our ready-to-heat and eat entrées are ideal for a full family or a party of one.

- Baked Manicotti /or Spaghetti
- Beef Top Round London Broil in Sauce
- Blackened Grilled Chicken Breast
- Chicken Cobbler
- Fettuccine Alfredo with Grilled Chicken
- Grilled Chicken Breast with Lemon Herb Sauce
- Homestyle Meatloaf
- Linguine with Marinara Sauce
- Mashed Potatoes & Homestyle Meatloaf
- Pulled Pork Southern-Style Vinegar Barbeque
- Pulled Pork Tomato Barbeque
- Roasted Pulled Chicken
- Seasoned Grilled Chicken Breast

QUICHE

- Breakfast Quiche
- Quiche Lorraine
- Spinach Florentine Quiche

Dips & Sauces

- Buffalo Style Chicken Dip
- Cheddar Pimento Cheese
- Signature Special Sauce



ICEBOX

PACKAGED TO GO AND READY TO HEAT-AND-EAT IN MINUTES, OUR DELICIOUS PREPARED MEALS ARE PERFECT FOR EVERYONE FROM SOLO CHEFS TO BUSY FAMILIES AND EMPTY NESTERS ALIKE!

SANDWICHES

Our sandwiches and wraps are meals you can hold in your hands.

Pinwheels

- London Broil & Cheddar
- Italian Style
- Roasted Turkey & Colby Jack

Wraps

- Buffalo Southwest-Style Chicken
- Chicken Caesar
- Turkey, Bacon & Provolone

Subs

- Black Forest Ham & Provolone
- Italian Style
- Roasted Turkey & Colby Jack

White House Rolls®

- Chicken Salad
- Honey Ham & Swiss
- Honey Turkey & Cheddar

Traditional Classics

- London Broil & Cheddar on Focaccia
- Grilled Chicken with Pesto & Provolone on Focaccia
- Chicken Salad on Croissant

GREEN SALADS

Our garden fresh salads are made daily with only the finest ingredients.

- Asian Chopped Side Salad
- Chef Salad
- Chicken & Bacon Cobb Salad
- Chicken Caesar Salad
- Crab Louie Style Salad
- Garden Side Salad
- Greens & Grain Side Salad
- Mexican Side Salad
- Southwestern Style Salad

SIDES

Pair our sides with a Ukrop's entrée or your very own home-cooked meal.

- Baked Potato with Cheddar & Bacon
- Banana Pudding
- Bread Pudding with Vanilla Sauce
- Broccoli & Rice Casserole
- Butter Beans & Corn
- Collard Greens
- Corn Pudding
- Duchess Potato Casserole
- Homestyle Mashed Potatoes
- Honey Baked Apples
- Old Virginia Spoonbread
- Seasoned Green Beans
- Spinach Supreme
- Triple Cheese Macaroni & Cheese

DELI SALADS

Perfect on a sandwich, on a salad, or straight out of the container.

- Chicken Salad
- Chunky Tuna Salad
- Country Cole Slaw
- Egg Salad
- Grilled Chicken Caesar Pasta Salad
- Ham Salad Deluxe
- Light Chicken /or Tuna Salad
- Low Fat Broccoli & Pasta Salad
- Mandarin Orange Salad
- Marinated Cucumber Salad
- Mediterranean Pasta Salad
- Old Fashioned Potato Salad
- Redskin Potato Salad
- Roasted Pulled Chicken Salad with Cranberries & Almonds
- Rotini Pasta Salad
- Seafood Salad
- Strawberry Creme Salad
- Tarragon Chicken Salad
- Three Bean Salad
- Vegetable Macaroni Salad

FEATURING MRS. MARSHALL'S

- Cheddar Pimento Cheese
- Chicken Salad
- Cole Slaw
- Garden Pasta Salad
- Potato Salad

