

Nutrition Facts

	Fully Cooked Turkey	Homestyle Gravy	Cornbread Dressing	Seasoned Green Beans	Sweet Potato Casserole	Cranberry Orange Salad	White House Rolls Cluster	Chocolate Fudge Pie
servings per container	varied	11	9	6	6	5	12	6
Serving size	3 ounces (84g)	1/4 cup (62g)	1/2 cup (97g)	1 cup (119g)	1/2 cup (140g)	1/2 cup (120g)	1 roll (34g)	1/6 pie (119g)
Amount per serving								
Calories	140	20	160	100	350	140	100	470
	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*	% Daily Value*
Total Fat	7g 9%	0.5g 1%	8g 10%	6g 8%	19g 24%	0g 0%	3g 4%	26g 33%
Saturated Fat	2g 10%	0g 0%	3.5g 18%	3.5g 18%	7g 35%	0g 0%	1.5g 8%	7g 35%
Trans Fat	0g	0g	0g	0g	0g	0g	0g	0g
Cholesterol	45mg 15%	0mg 0%	15mg 5%	15mg 5%	60mg 20%	0mg 0%	5mg 2%	40mg 13%
Sodium	630mg 27%	320mg 14%	500mg 22%	200mg 9%	200mg 9%	40mg 2%	125mg 5%	350mg 15%
Total Carbohydrate	1g 0%	3g 1%	20g 7%	9g 3%	41g 15%	36g 13%	16g 6%	54g 20%
Dietary Fiber	0g 0%	0g 0%	1g 4%	3g 11%	3g 11%	2g 7%	1g 4%	1g 4%
Total Sugars	0g	0g	1g	3g	27g	31g	3g	35g
Includes Added Sugars	0g 0%	0g 0%	1g 2%	0g 0%	20g 40%	26g 52%	2g 4%	32g 64%
Protein	17g	0g	3g	3g	4g	0g	3g	6g
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	Vitamin D	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%
	Calcium	0mg 0%	8mg 0%	16mg 2%	49mg 4%	67mg 6%	10mg 0%	87mg 6%
	Iron	1mg 6%	0mg 0%	1mg 6%	1mg 6%	1mg 6%	1mg 6%	2mg 10%
	Potassium	0mg 0%	27mg 0%	69mg 2%	220mg 4%	305mg 6%	47mg 2%	171mg 4%

UKROP'S TURKEY DINNER

Always double-check the ingredient statement on the actual package, as ingredients may change.

INGREDIENTS:

FULLY COOKED TURKEY

Turkey (with water, contains 2% or less of: salt, dextrose, sodium phosphate, carrageenan, natural flavors, potassium lactate, sodium diacetate).

HOMESTYLE GRAVY

Water, gravy base (enriched bleached wheat flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), food starch-modified, hydrolyzed soy protein, whey, turkey fat, salt, maltodextrin, onion powder, contains 2% or less of: autolyzed yeast extract, silicon dioxide (anti-caking agent), torula yeast, caramel color, guar gum, disodium inosinate, disodium guanylate, spices, rendered chicken fat, dried yeast, natural flavors), hot sauce (distilled vinegar, red pepper, salt), browning sauce (caramel color (sulfites), water, vegetable base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips), contains less than 2% of: spices, salt, sodium benzoate (preservative)). CONTAINS: Wheat, milk, soy.

CORNBREAD DRESSING

Water, bread cubes (enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola and/or sunflower oil (with rosemary extract and ascorbic acid to preserve freshness), yeast, sugar, contains 2% or less of: salt, enzymes), enriched yellow corn meal (yellow corn meal, niacin, iron, thiamine mononitrate, riboflavin, folic acid), butter, onion, celery, chicken base (chicken meat including natural chicken juices, salt, hydrolyzed vegetable protein (soy, corn), sugar, potato flour, natural flavor, autolyzed yeast extract, carrot powder, turmeric), contains 2% or less of: spices. CONTAINS: Wheat, milk, soy.

SEASONED GREEN BEANS

Green beans, butter, contains 2% or less of: bacon bits (pork cured with water, contains 2% or less of: salt, sodium phosphate, sodium erythorbate, sodium nitrite, may contain: sugar, brown sugar, natural flavoring, smoke flavoring, flavoring), onion, bacon base (cooked bacon (cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite), yeast extract, maltodextrin (from corn), rendered beef fat, sugar, onion powder, natural flavoring, natural smoke flavoring, lactic acid), salt, spices, dehydrated onion, dehydrated garlic. CONTAINS: Milk.

SWEET POTATO CASSEROLE

Sweet potatoes (with whole milk, brown sugar, butter, salt, cinnamon, nutmeg, may contain: sugar, potassium sorbate (preservative), nisin preparation (salt, nisin (a natural antimicrobial))), light brown sugar, heavy cream (with carrageenan, mono- and diglycerides, polysorbate 80), eggs (with citric acid), pecans, butter, egg whites, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), butter flavored oil (liquid and hydrogenated soybean oil, contains less than 2% of: salt, soy lecithin, natural and artificial flavor, beta carotene (color), TBHQ and citric acid (preservatives), dimethylpolysiloxane (anti-foaming agent)), contains 2% or less of: corn syrup, orange juice concentrate (with filtered water), natural and artificial flavors, spices. CONTAINS: Wheat, milk, eggs, soy, pecans.

CRANBERRY ORANGE SALAD

Cranberry orange sauce (cranberries, sugar, oranges, orange juice concentrate, citric acid), pineapple (with unsweetened pineapple juice, ascorbic acid), water, gelatin (sugar, corn sugar, gelatin, contains less than 2% of: sodium citrate, citric acid, fumaric acid, natural and artificial flavor, ascorbic acid, Blue 1, Red 40, Yellow 6), lemon juice from concentrate (water, lemon juice concentrate, contains less than 2% of: lemon oil, sodium benzoate and sodium metabisulfite (preservatives)), orange juice concentrate.

WHITE HOUSE ROLLS CLUSTERS

Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, palm oil, nonfat dry milk, yeast, eggs, contains 2% or less of: salt, natural wheat sour, wheat flour, cultured wheat starch, cultured wheat flour. CONTAINS: Wheat, milk, eggs. Made in a production area that also uses soy and tree nuts.

CHOCOLATE FUDGE PIE

Filling (sugar, water, canola oil, eggs, chocolate base (cocoa, corn syrup solids, vegetable shortening (palm oil), soybean oil, contains 2% or less of: soy lecithin, salt, artificial flavor), nonfat dry milk, contains 2% or less of: enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine, riboflavin, folic acid), food starch-modified, salt), crust (enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), shortening (palm oil, soybean oil, mono- and diglycerides), water, contains 2% or less of: dextrose, salt, nonfat dry milk). CONTAINS: Wheat, milk, eggs, soy. Made in a production area that also uses tree nuts.