Ukrop's Thanksgiving Items - Allergen Information

Meal Component	*Wheat*	*Milk*	*Egg*	*Soy*	*Peanut*	*Tree Nuts*	*Shellfish*	*Fish*	*Gluten*
Fully Cooked Turkey	No	No	No	No	No	No	No	No	No
Fully Cooked Turkey Breast	No	No	No	No	No	No	No	No	No
Homestyle Gravy	**Yes**	**Yes**	No	**Yes**	No	No	No	No	**Yes**
Fully Cooked Spiral Ham	No	No	No	No	No	No	No	No	No
Ham Glaze	No	No	No	No	No	No	No	No	No
Cornbread Dressing	**Yes**	**Yes**	No	**Yes**	No	No	No	No	**Yes**
Sweet Potato Casserole	**Yes**	**Yes**	**Yes**	**Yes**	No	**Yes - Pecans**	No	No	**Yes**
Seasoned Green Beans	No	**Yes**	No	No	No	No	No	No	No
Cranberry Orange Salad	No	No	No	No	No	No	No	No	No
White House Rolls Cluster	**Yes**	**Yes**	**Yes**	No	No	No	No	No	**Yes**

Always double-check the ingredient and allergen statements on the package, as ingredients and allergens may change.

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Ukrop's Thanksgiving Items - Nutrition Information

Ukrop's Item	*Net Weight*	*Serving Size*	*Servings per Container*	*Calories*	*Fat (g)*	*Sat Fat (g)*	*Trans Fat (g)*	*Cholesterol (mg)*	*Sodium (mg)*	*Total Carbohydrate (g)*	*Dietary Fiber (g)*	*Total Sugars (g)*	*Added Sugars (g)*	*Protein (g)*
Fully Cooked Turkey	10-13 LB	4 oz (112g)	varies	130	7	2	0	45	580	0	0	0	0	17
Fully Cooked Turkey Breast	5-7 LB	4 oz (112g)	varies	140	7	2	0	45	630	1	0	0	0	17
Homestyle Gravy	24 OZ (1.5lb/680g)	1/4 cup (62g)	11	20	0.5	0	0	0	310	3	0	0	0	0
Fully Cooked Spiral Ham	7-9 LB	3 OZ (85g)	varies	100	3.5	1	0	40	910	3	0	2	2	13
Ham Glaze	16 OZ (1lb/454g)	1 tbsp (20g)	23	50	0	0	0	0	15	13	0	12	11	0
Cornbread Dressing	32 OZ (2lb/907g)	1/2 cup (91g)	10	150	8	3.5	0	15	470	19	1	1	1	3
Sweet Potato Casserole	32 OZ (2lb/907g)	1/2 cup (125g)	7	310	17	6	0	55	180	37	3	22	17	4
Seasoned Green Beans	24 OZ (1.5lb/680g)	1 cup (119g)	6	110	8	4.5	0	20	250	9	3	3	0	3
Cranberry Orange Salad	21.6 OZ (1.35lb/612g)	1/2 cup (134g)	4.5	160	0	0	0	0	45	41	2	36	30	0
White House Rolls Cluster	14 OZ (397g)	1 roll (34g)	12	100	2.5	1.5	0	5	125	16	0	3	2	3

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Ukrop's Thanksgiving Items - Ingredient Information

Always double-check the ingredient statements on the package, as ingredients may change.

Fully Cooked Turkey
Turkey, water, contains 2% or less of: salt, dextrose, sodium phosphate, carrageenan, natural flavors, potassium lactate, sodium diacetate.

Fully Cooked Turkey Breast
Turkey, water, contains 2% or less of: salt, dextrose, sodium phosphate, carrageenan, natural flavors, potassium lactate, sodium diacetate.

Homestyle Gravy
Water, gravy base (enriched bleached wheat flour (bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), food starch-modified, hydrolyzed corn protein, turkey fat, whey, salt, maltodextrin, onion powder, contains 2% or less of: yeast extract, silicon dioxide (anti-caking agent), torula yeast, caramel color, hydrolyzed soy protein, guar gum, disodium inosinate, disodium guanylate, spices, rendered chicken fat, dried yeast, natural flavors), hot sauce (distilled vinegar, red pepper, salt), browning sauce (caramel color (sulfites), water, vegetable base (water, carrots, celery, cabbage, onion, parsley, turnips, parsnips), contains less than 2% of: spices, salt, sodium benzoate (preservative)).
CONTAINS: Milk, Soy, Wheat.

Spiral Sliced Ham
Ham cured with water, salt, sodium lactate, sugar, brown sugar, sodium phosphate, sodium diacetate, sodium erythorbate, sodium nitrate, natural and artificial maple flavor.

Ham Glaze
Brown sugar, pineapple juice (with ascorbic acid (vitamin C)), deli mustard (vinegar, mustard seed, water, salt, horseradish, spice, white wine), food starch-modified, contains 2% or less of: spice.

Cornbread Dressing
Water, bread cubes (enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola and/or sunflower oil (with rosemary extract and ascorbic acid to preserve freshness), yeast, sugar, contains 2% or less of: salt, enzymes), butter (pasteurized cream, natural flavorings), enriched yellow corn meal (yellow corn meal, niacin, iron, thiamine mononitrate, riboflavin, folic acid), celery, onion, chicken base (chicken meat including natural chicken juices, salt, hydrolyzed vegetable protein (soy, corn), sugar, potato flour, natural flavor, autolyzed yeast extract, carrot powder, turmeric), contains 2% or less of: spices.
CONTAINS: Milk, Soy, Wheat.

Sweet Potato Casserole
Sweet potatoes (with whole milk, brown sugar, butter (sweet cream, salt), salt, cinnamon, nutmeg, nisin preparation (salt, nisin (antimicrobial))), brown sugar, heavy cream, eggs (with citric acid), pecans, butter (pasteurized cream, natural flavorings), egg whites, enriched bleached flour (bleached wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), butter flavored oil (liquid and hydrogenated soybean oil, contains less than 2% of: salt, soy lecithin, natural and artificial flavor, beta carotene (color), TBHQ and citric acid (preservatives), dimethylpolysiloxane (anti-foaming agent)), contains 2% or less of: corn syrup, orange juice concentrate (with filtered water), natural and artificial flavors, spices.
CONTAINS: Egg, Milk, Pecans, Soy, Wheat.

Seasoned Green Beans
Green beans, butter (pasteurized cream, natural flavorings), contains 2% or less of: bacon bits (pork cured with water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite), onion, bacon base (cooked bacon (cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite), yeast extract, maltodextrin (from corn), rendered beef fat, sugar, onion powder, natural flavoring, natural smoke flavoring, lactic acid), salt, spices, garlic.
CONTAINS: Milk.

Cranberry Orange Salad
Cranberry orange sauce (cranberries, sugar, oranges, orange juice concentrate, citric acid), crushed pineapple (pineapple, pineapple juice, contains 2% or less of: citric acid), water, gelatin (sugar, corn sugar, gelatin, contains less than 2% of: sodium citrate, fumaric acid, citric acid, natural and artificial flavor, ascorbic acid, Blue 1, Red 40, Yellow 6), lemon juice from concentrate (water, lemon juice concentrate, contains less than 2% of: lemon oil, sodium benzoate and sodium metabisulfite (preservatives)), orange juice concentrate.

White House Rolls Cluster
Enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, palm oil, sugar, eggs, nonfat dry milk, yeast, contains 2% or less of: salt, cultured wheat flour, wheat flour, dried wheat sour (wheat flour, starter culture).
CONTAINS: Egg, Milk, Wheat. Made in a production area that also uses soy and tree nuts.